

**BRIGHAM AND WOMEN'S HOSPITAL**

A Teaching Affiliate of Harvard Medical School  
75 Francis Street, Boston, Massachusetts 02115

227-08-67-1

ASHBURN, TRENTON  
M31 Room: 7A-112  
Service: BTS

---

**DISCHARGE INSTRUCTIONS**

---

**Reason for Hospitalization:** R clavicle fracture, R scapular fracture, R 3th-7th rib fract

**Admission Date:** 05/19/09      **Discharge Date:** 05/29/09

**Discharge Home**

**Address:** 26 UPLAND ROAD APT 2 CAMBRIDGE, MA 02140      **Tel. #**

**Condition at Discharge:** Stable

**Temperature:** 96.3      **Pulse:** 59      **Respirations:** 18      **Blood Pressure:** 116/56      **Weight:**

---

**CARE PLAN**

**ACTIVITY:** sling for your comfort

**Call your doctor if:** Temperature higher than 100.5, Draining Wound,  
Chest pain; Shortness of Breath; Palpitations,  
Any signs of infection, redness, swelling, tenderness,  
Nausea, Vomiting,

**Follow-up appointment(s):**

1. GATES, JONATHAN D., M.D., General Surgery  
Addr: 75 FRANCIS STREET BOSTON, MA 617-732-7715  
Patient should schedule the appointment and be seen within: 1 week  
Reasons for Seeing/Tasks to be Accomplished at Visit:  
follow up
2. MARTIN, SCOTT D., M.D., General Surgery  
Addr: 75 FRANCIS STREET BOSTON, MA 617-732-8138  
Patient should schedule the appointment and be seen within: 2 weeks  
Reasons for Seeing/Tasks to be Accomplished at Visit:  
follow up

**Return to Work:** After Appt with local physician

**DIET:** No Restrictions

**EQUIPMENT:****INSTRUCTIONS:**

- Please do not drive while taking narcotics.
  - Please follow up with primary care provider concerning hospitalization.
  - Please resume all home medications unless instructed otherwise.
  - Please return to the ED if develop worsened shortness of breath.
- Please follow-up with Dr Scott Marting on Wed, 05/27 at 9:45am at 850  
Boylston St, Suite 130 in Chestnut Hill.  
Smoking cessation intervention: N/A: nonsmoker > 12 months

**ALLERGIES:**

NKA

---

Information on Medications Attached

**MEDICATIONS**

**COLACE** by mouth 100 MG twice a day

**IBUPROFEN** by mouth 600 MG Every 6 hours  
Food/Drug Interaction Instruction  
Take with food

**TYLENOL** by mouth 650 MG Every 4 hours      As Needed For Headache

**OXYCODONE** by mouth 5-10 MG Every 4 hours      As Needed For Pain

---

**HOME CARE PROVIDER**

Not Applicable

---



**BRIGHAM AND WOMEN'S HOSPITAL**

A Teaching Affiliate of Harvard Medical School  
75 Francis Street, Boston, Massachusetts 02115

227-08-67-1

ASHBURN, TRENTON  
M31 Room: 7A-112  
Service: BTS

**DISCHARGE INSTRUCTIONS****HEALTH CARE PROVIDER**

	Name	Hospital Location	Tel.#
Attending:	GATES, JONATHAN D., M.D.		
Resident:			
RN:	7A	BWH	
Physical Therapist:		Tel#. 617-617-732-4910	
Social Worker:			
Other:			

**Quit Smoking Advice:** At BWH, we care about you. Stopping smoking is the most important thing you can do to improve your health. If you, a family member, or a friend smokes or uses tobacco, please consider joining a quit smoking program and/or using nicotine replacement products or medications to help you quit. If you have quit smoking or using tobacco in the last 12 months, let us help you stay quit.

For help contact:

- Your primary care physician
- Brigham and Women's Quit Smoking Program (617) 732-8983
- Massachusetts Quit line 1-800-TRY-TO-STOP or [www.trytostop.org](http://www.trytostop.org)
- 1-800-8DEJAO en Espanol / Em Portuges
- 1-800-TDD-1477 Hearing Impaired

**Daily Weight Monitoring:** For some conditions (such as heart failure) you will need to weigh yourself every day at the same time, on the same scale and after you empty your bladder. A daily written log of your weights is a good way to keep track. If you have an increase of 3 pounds in 2 days or 5 pounds in one week you should contact your health care provider. You will receive more detailed information with your discharge packet if you are known to have heart failure.

The discharge planning requirements of the federal Medicare law require us to provide you with a list of Medicare-certified home health agencies (HHA's) that serve your geographical area.

This means you have a right to choose any home health agency that requested that we list them. Furthermore, we cannot specify or limit the HHA from which you receive your follow-up care.

Patients are informed of the following:

Partners Homecare Inc.; Partners Hospice, TLC Nursing, Golden Care a division of TLC, Affiliated Community Visiting Nurse Association, MGH/Spaulding Home Health Agency, Newton Wellesley Home Health Services and Visiting Nurse Association of Greater Salem are a corporation within the Partners HealthCare System.

The above material has been reviewed with me, my questions have been answered and I understand the contents. I have received a copy of the home health care agency list and have been given, without specification or limitation, the opportunity to review it.

I understand and have been told about any financial interests that the hospital may have with the agency I have chosen to provide my care.

\_\_\_\_\_  
Patient

\_\_\_\_\_  
Date

\_\_\_\_\_  
Interpreter Signature if needed

\_\_\_\_\_  
Witness

\_\_\_\_\_  
RN

Printed: 04:49 PM 05/29/09 by AUSTIN, HEATHER

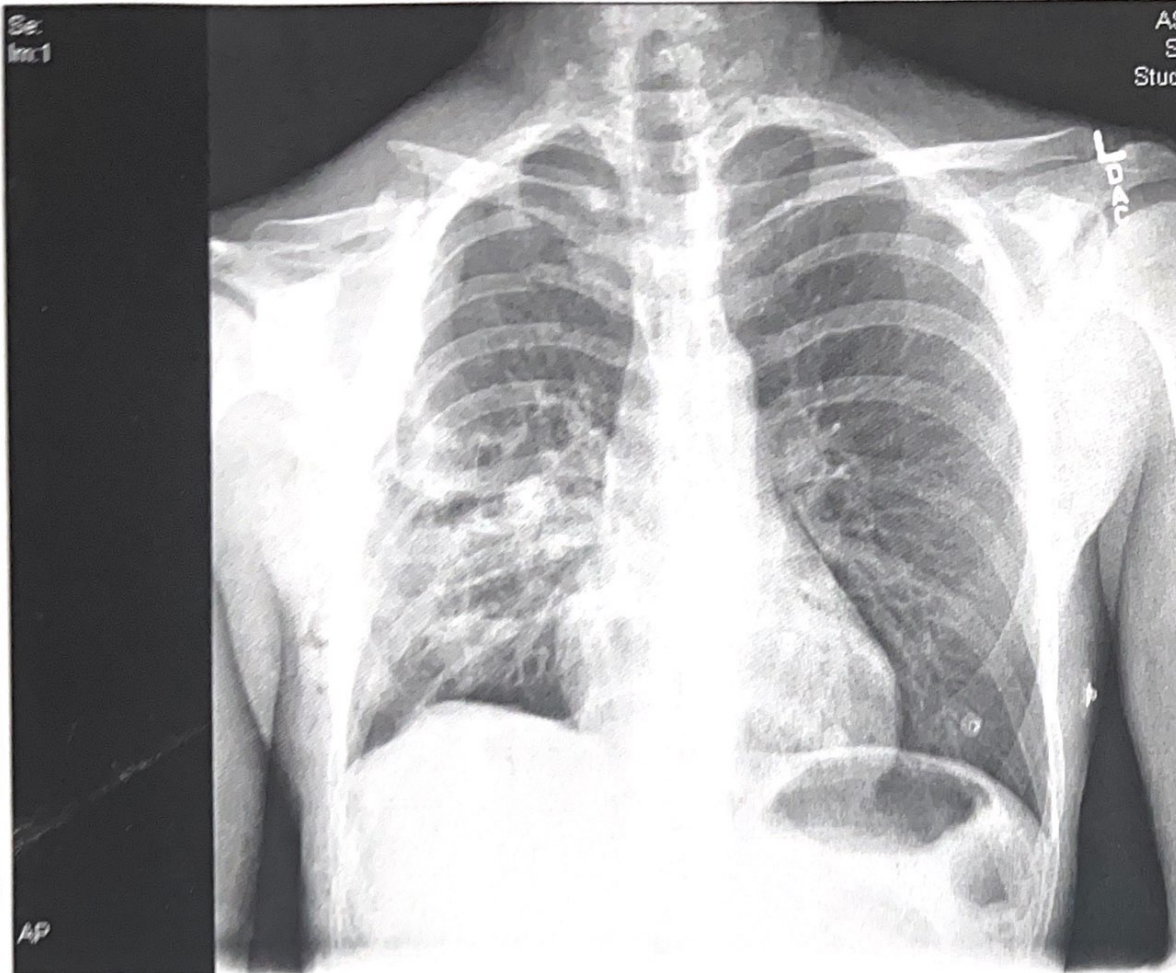
PATIENT COPY

Patient Demographics

Patient Name: ASHBURN, TRENTON (ID 22708671) Sex: M  
Study Description: CHEST PA & LAT (ID )  
Birth date: 4/29/1978 Examination Date: 5/19/2009

Se:  
Im:1

ASHBURN, TRENTON  
Study Date: 5/19/2009  
Study Time: 10:44:33 PM  
MRN: 22708671

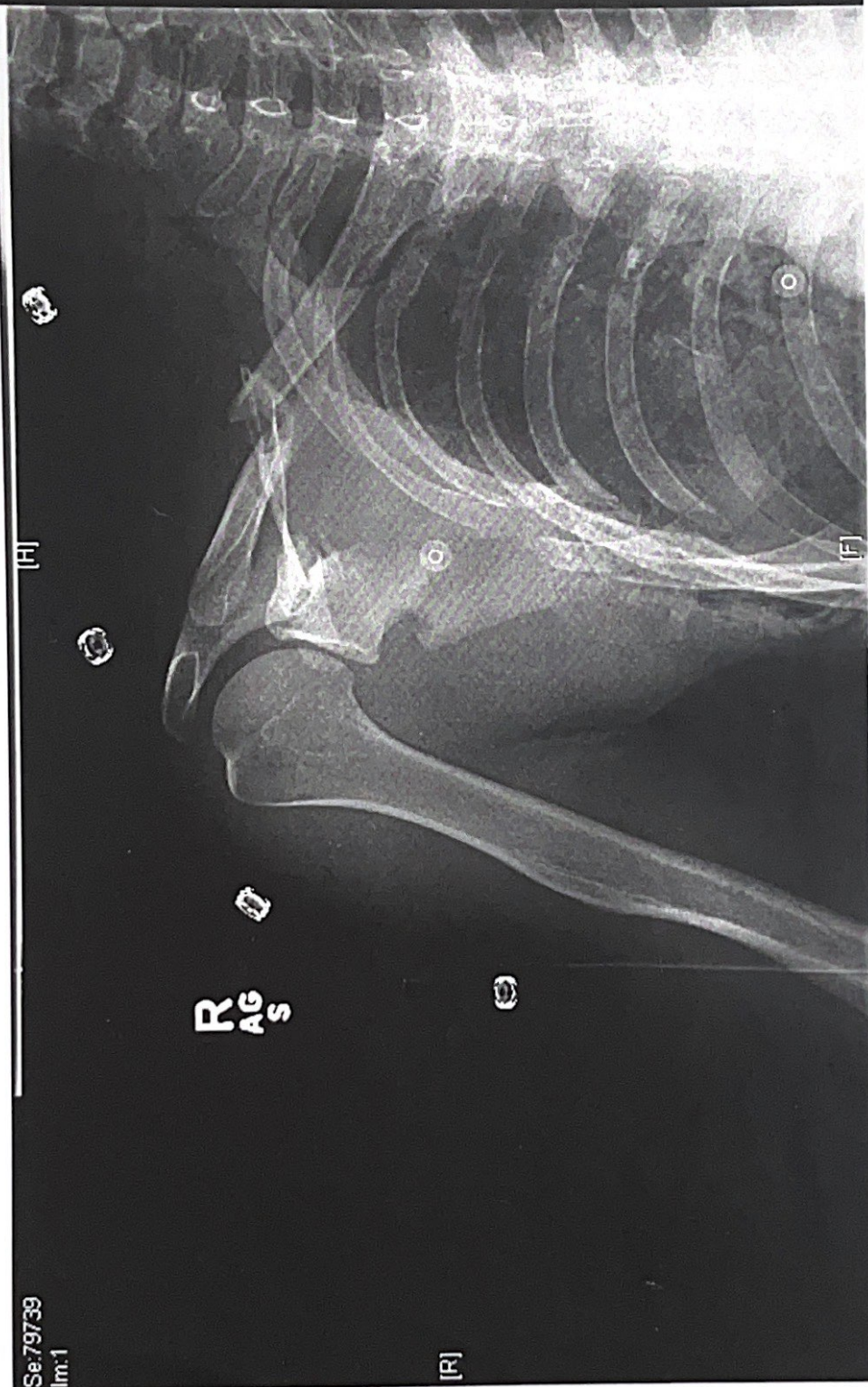


C1525  
W3175



Patient Demographics  
Patient Name: ASHBURN, TRENTON (ID 22708671) Sex: M  
Study Description: RIGHT SHOULDER 2 VIEW (ID 9785241)  
Birth date: 4/29/1978 Examination Date: 5/22/2009

ASHBURN, TRENTON  
Study Date: 5/22/2009  
Study Time: 10:47:19 AM  
MRN: 22708671



C8249  
W19467



Patient Demographics  
Patient Name: ASHBURN, TRENTON (ID 22708671) Sex: M  
Study Description: RIGHT SHOULDER MIN 2V (ID 9778585)  
Birth date: 4/29/1978 Examination Date: 5/19/2009

ASHBURN, TRENTON  
Study Date: 5/19/2009  
Study Time: 11:21:26 PM  
MRN: 22708671

C2079  
W3224



Se:1  
Im:1

Shoulder internal